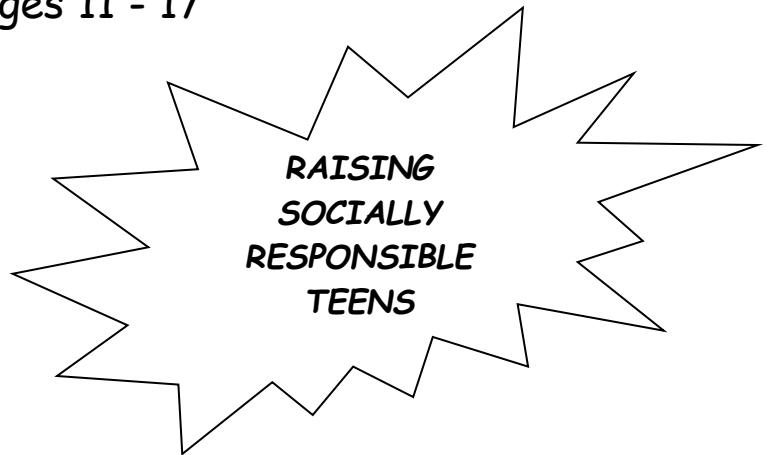


Fine Tune Your Parenting Skills With *STEPS TO EFFECTIVE PARENTING*

For Parents of teens... ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Eagle Mountain Middle School

Time: 7p.m. - 9p.m.

Dates: Thurs. Oct. 11,18,25, Nov. 1,8,15,22,29, 2018

[This is an eight week program]

Facilitated by: Marilyn Abram, Certified Parent Facilitator

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-469-1133

Register as soon as possible as the class fills quickly!

Class is limited to 20 participants.

The only cost is \$25.00 for the parent workbook!